



UK Government

# Help with the Cost of Living

**Easy  
Read**



**Help for  
Households**

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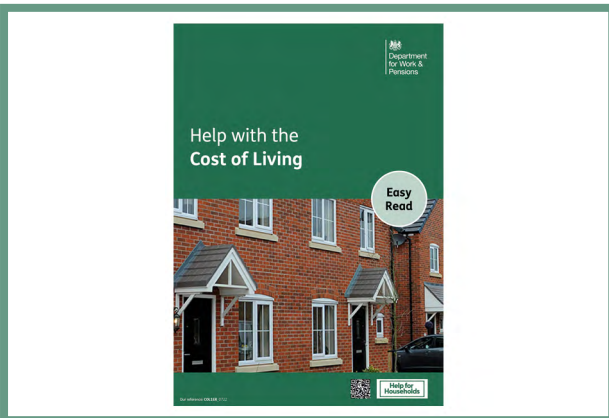
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# 1

## Introduction



We know people are worried about rising costs to their living expenses, so the government is offering support.



This easy read leaflet gives more information about the Cost of Living Payments to households.

For more information, go to [gov.uk/helpforhouseholds](https://www.gov.uk/helpforhouseholds)

# 2

## People on certain means tested benefits



Millions of people on certain means tested benefits will receive the third of 3 Cost of Living Payments in 2023/24. This could total up to **£900**.



The first payment of **£301** was paid automatically during Spring 2023.



The second payment of **£300** was paid automatically during Autumn 2023.

# £299

The third payment of **£299** will be paid between 6 February and 22 February 2024 for most people.



Those who qualify will receive their payment the same way they receive their regular benefit payments.



You do not need to apply as the payment is automatic.



If you have had a message asking you to apply or contact someone about the payment, this may be a scam.

# 3

## People getting tax credits



HM Revenue  
& Customs

People getting tax credits and no other means tested benefits will get their payment from His Majesty's Revenue and Customs.



The first payment of **£301** was paid automatically in Spring 2023.



The second payment of **£300** was paid automatically during Autumn 2023.



The third payment of **£299** will be paid to customers who only get tax credits.

This will be paid between 16 February and 22 February 2024, in the same way you receive your regular tax credits payments.





## Further Government support

**Help for  
Households**

You may qualify for further government support depending on your circumstances.

Find out more about the range of government support with the Cost of Living.  
Go to [gov.uk/helpforhouseholds](https://www.gov.uk/helpforhouseholds)